

Experience Fencing for Girl Scouts

at



Front Range Fencing Club

Brownie Girl Scouts



Team Tactics Try It

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TEAM TACTIC TRY-IT Girl Scouts of Central and Southern New Jersey

Activities

1. Teams in Life *

Teams are a part of your everyday life. Think about the teams you encounter each day. Make a list of the many different teams you participate on. Compare your list with a friend or troop member and discuss the similarities and differences between your groups. Why do you think learning how to work together is important?

2. Your Teammates

Every person is unique and has something to share. Why do you think that learning and understanding differences may make a person easier to work with? Complete one or more of the following activities and share what you learn:

- Attend an event that teaches about different cultures.
- Play a game that allows you to learn something new about someone you know. (An example of a game you can play is "Musical Cultures." This game is similar to "Musical Chairs." The only exception is that the person left standing must share something about themselves or their culture that everyone may not know.)
- Plan a cultural day with your troop. Have each member bring in an item that represents their culture and share information about it. How many different countries are your troop members from?

3. Speak Up

Communication is an important part of every team's success. With a teammate, play a game without using verbal communication. Use your eyes and hands to express what you have to say and what you must do. (Two good games to play are "Birthday Lineup" and "Human Knots," which can be found in *Games for Girl Scouts*.) After you are done, play the game again using verbal communication. Which way was easier? Why do you think that being able to communicate effectively is essential to a good team?

OR

Read "Communication" in the Family and Friends section of the *Junior Girl Scout Handbook*.

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4. It Is Wise to Compromise

Groups consist of many different people and personalities which can sometimes lead to conflict. If teams want to be successful, they must learn to overcome these obstacles by learning how to compromise. A compromise requires each individual to make a contribution to resolve the problem in a way that is beneficial for everyone. With your troop, or group, discuss the meaning of compromise. Practice compromising by gathering a package of grapes, crackers or pretzels. Make sure the number of items in the package is not equal to the number of girls in your troop or group. Try to work with your team to evenly distribute the items so everyone is satisfied with the outcome.

5. Let's Play

Participate in a sports workshop or event that requires teamwork. Use communication and compromising skills to support your teammates and help your team do their best.

6. Be a Good Teammate

It is important for teammates to support one another. Practice being a caring and supportive team member by writing a poem, making a friendship bracelet, sending a card, or helping a person that is on one of your life teams.

7. Act It Out

With a group of people, perform skits of the following situations:

- A player on your team is only interested in being the best and feels the only thing that's important is always winning.
- A teammate is being excluded by the other girls because she is different.
- One of the players on your team refuses to compromise and always wants things to go their way.

Discuss the skits. How did they make you feel? What was inappropriate about the individual or teams behavior? What would you have done in this situation?

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8. Getting a Perspective

Have a coach come in to talk to your group about teamwork. What is it like to lead a team of people with different personalities? What type of players work well as members of a team? What are the qualities needed for a team to be successful?

OR

Interview two people that are on a sports team. What kind of teams are they on and what makes their teams successful? What qualities does their favorite teammate have? What rules and skills do team members follow? What is the most difficult thing about working on a team? What are the qualities they feel are the most important for a team to be able to work together? Compare their answers.

9. Share What You've Learned

Make a poster to share with other Girl Scouts that shows the importance of teamwork.

10. Work on a Team

With your troop or group members, organize an event that teaches others the value of teamwork.

OR

Plan and implement something with a group that improves something in the community or helps people in need.

**Ordering the Team Tactics Try It
from
Girl Scouts of Southern New Jersey**

Team Tactics Try Its: 95 cents each

Order on-line at: <http://www.girlscoutshop.com/s.nl/sc.15/.f?search=team+tactic>



Experience the Olympic Sport:

Fencing



En Garde! Get ready to experience the thrill of the duel in a fun and safe environment. Register now to learn more about this unique sport.

All fencing gear and protective equipment is provided.

Separate sessions for all scout levels.

*Troop/group discount offered for 10 or more.

Fencing is the sport of swordplay. Fencers face off against one another not for blood or honor, but for points. Instruction will be given by an enthusiastic instructor from Front Range Fencing Club. Scouts will be trained on fencing safety and fundamentals in a group lesson. Scouts will learn about the history of fencing and basic techniques of modern sword fighting (weapons have plastic blunted tips, nothing sharp) and then will spar against one another!



Cadettes, Seniors & Ambassadors

Complete requirements for the Fencing IP



Brownies

Earn the Team Tactics Try-It



Juniors

Complete requirements for the Stick to the Point Junior Fencing Badge



Daisies

Earn your Strong and Courageous Red Daisy Petal

GS Insignia (Petals, Try-Its, Badges & IPs) earned at the Scout Experience Fencing Session can be purchased from GSUSA or specific GS Councils. For Council's Own Team Tactics Try-It, Stick to the Point Badge or Fencing IP, a complete list of requirements along with information about how to purchase the awards will be provided. A Badge or IP Activity Packet covering any requirements not completed at the Experience Fencing Session will also be provided.

**Have you ever wondered what the sport of fencing is all about?
Sign up today to learn more and take part in this unique sport.**

For upcoming session dates go to:

<http://fronrangefencing.tripod.com/scout-fencing-experiences.html>

Individual Scout Registration:

<http://fronrangefencing.tripod.com/scout-fencing-experiences.html>

***For group discount pricing or to arrange a date and time for your**

Troop or group session contact:

fronrangefencingclub@comcast.net